



Your Town News



Greetings From The Mayor

Congratulations to the Bowden Grandview Schools' graduating class of 2011! On May 28th, the Grade Twelve students had their graduation ceremony. We wish them success in whatever career they decide to pursue. We know that they have the potential to achieve their desired goals.

The Recreation and Culture Board will be hosting a Father's Day pancake breakfast on June 18th. This is the day before Father's Day, so that there will be no impact on family activities that have been planned. Please stop by for breakfast and a visit.

June 6th to June 12th is Senior's Week in Alberta this year. This year's theme is "Vibrant Leaders in Our Community." I find this theme to be exceptionally true. The seniors have been instrumental in building Bowden, as we know it. For many years they have made significant contributions to Bowden and the surrounding districts. Congratulations to Nancy Radau for being nominated for the Minister's Senior Service Award. The Friendship Center is the hub of senior's activities. They have done a marvelous job of managing and maintaining this facility. Membership in the Bowden Friendship Club is only \$10.00 a year. For further information, phone 403.224.3288. Corrie Monk, our FCSS worker has done a wonderful job of co-ordinating activities for Seniors Week. For further information on Seniors Week Activities call Corrie at 403.223.2207 or visit the Town of Bowden website at www.town.bowden.ab.ca

Until next time,

Robb Stuart

Mayor



Father's Day Pancake Breakfast

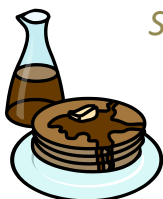
Saturday, June 18, 2011

Bowden Igloo Arena

9:00 AM – 11:00 AM

Rain or Shine!

Come out to celebrate with your father!



In the event of a Canada Post strike, the Town of Bowden will be delivering your utility bills to your physical addresses.

You can pay your bills through your bank, online or through the town office. We have a mail slot at the office if you cannot make it during office hours. Taxes can be paid at the office or couriered.

If you have any inquiries or do not receive your town utility bill please do not hesitate to contact the Town Office at 403.224.3395.

Bowden Town Office

2101 – 20th Avenue P.O. Box 338 Bowden, AB T0M 0K0

PH: 403.224.3395 FAX: 403.224.2244 E-Mail:

admin@town.bowden.ab.ca

Office Hours: Monday – Friday 8:00 a.m. – 4:00 p.m.

www.town.bowden.ab.ca

TOWN COUNCIL MEETS AT 7:30 pm on the 2nd and 4th Monday of each month, in council chambers at the Town Office. A PUBLIC COPY OF THE AGENDA IS AVAILABLE AT THE TOWN OFFICE THE PROCEEDING FRIDAY. Meetings are open to the public. To speak to an issue important to you at council, be sure to have your delegation placed on the agenda by the Wednesday preceding council. Contact the Town Office at 224-3395 for more information.



From the FCSS Desk:



Bowden Seniors' Wisdom
Don't cut your nails on Friday – it's bad luck.
Verna M.

Bowden Good Neighbours!

If you'd like to show your appreciation for a special neighbour, please call 403.224.2207 and leave a message outlining why you think they are deserving of recognition.

Thank you to the two gentlemen who came to my aid when I fell the evening of Saturday, May 7 outside of the Lion's Hall. - Dorothy Doherty

Congratulations to Roy and Edith Middleton who celebrated their 62nd Wedding Anniversary last month!

Seniors Week is from June 6 – 12 this year, and the theme is “**Vibrant Leaders in Our Community**”. Join Albertans from across the province in celebrating seniors and their contributions. Seniors make a difference in Bowden and district every day. From supporting family members and friends to assisting those in need and by volunteering, seniors are deeply involved in community life , strengthening the entire fabric of our community.

With thanks and appreciation, here is a listing of **Bowden and District Seniors Week Events and Activities**. Call 403.224.2207 for more information. More event details are available on posters around town.

Monday, June 6

9:00 a.m. Seniors Walking Group. Dress for the weather and wear comfy footwear and meet at the West View Manor. All abilities and caregivers welcome!

7:00 p.m. MOVIE: The King's Speech. Academy Award winning film based on the true story of King George VI of Britain's unexpected ascension to the throne after the abdication of his

brother, and the speech therapist that helps him.

Come join us for an evening out with popcorn and the movie for free! Bowden Grandview School Community Engagement Site. Call 224.2207 to save your seat! Doors open at 6:30 p.m., movie will begin promptly at 7:00 p.m.

Tuesday, June 7

Health Day at the Friendship Centre. **1:00 p.m. Heart Health** or **3:00 p.m. Diabetes Awareness**
Sign up preferred. Please call 224.2207.

Wednesday, June 8

Red Hound Café: **Seniors Week Special Dinner** for \$7 per person plus free coffee, tea AND dessert, starting at 5:00 p.m.

Thursday, June 9

9:00 a.m. and 7:00 p.m. Seniors Walking Groups. Dress for the weather, wear comfy shoes and meet at the West View Manor. All abilities and caregivers welcome!

2:00 p.m. “Oh, My Aching Back” at the Friendship Centre

Does your back cause you problems? Come learn some simple techniques, stretches and exercises. All participants will receive a complimentary session (no obligation) to the Bowden Gym.

Friday, June 10

1:00 – 3:00 p.m. Seniors Tea and Showcase at the Friendship Centre. Come for refreshments provided by the Bowden Library Board, visit with friends and neighbours, and take in the exhibits and displays focused on health, services, leisure, active living and more.

Community

The spring/summer community program guide for the Town of Innisfail is available at www.townofinnisfail.com. Here you will find many programs for all ages including summer day camps for children, along with summer outings, events and activities for the whole family with the Innisfail Region Tourism events calendar.

Volunteering

Thank you to those that have put their names forward on the Bowden Volunteer Pool list. The list will be used for short term tasks like volunteering at community events for a few hours throughout the year. Families are welcome to sign up. Call 224.2207 today and volunteer where you can make a difference!



SPONSOR A BASKET!

Thank you to everyone who has sponsored a basket! Flowers add to the beauty of our town and we are proud to see so much support!

- | | | |
|----------------------------------|----------------------------|---------------------------------|
| 1. Town of Bowden | 2. Town of Bowden | 3. Bowden Reddi Mart |
| 4. Bowden Reddi Mart | 5. Shurway Trucking Ltd. | 6. Elsie Kilthau & Ed Johnson |
| 7. Louis & Kristin Levesque | 8. Gordon & Joyce Spark | 9. Jack's Kitchen |
| 10. Bowden Friendship Club | 11. Bowden Friendship Club | 12. Lloyd Lane & Colleen Brooks |
| 13. Syd Cannings & Dorothy Olson | 14. Canada Post (Bowden) | 15. Bowden Liquor Store |
| 16. Sheila Church | | |

The Recreation Board is fundraising for a future project.

For a \$60 donation, you or your business can sponsor one or more of our beautiful hanging baskets on Main Street.

We will be displaying in the town newsletter the names of the individuals & corporations that have sponsored each basket.

Please fill out the form and return it to the town office.

Yes, I would like to sponsor _____ baskets.
(Quantity)

Name or Business: _____

Amount Enclosed: _____

I would like our name displayed: _____
(Signature)

I would not like our name displayed: _____
(Signature)

Memorial Trees

are available at

The Bowden Cemetery

Trees may be dedicated to individuals or families.

Burial in the Bowden Cemetery is not a requirement for a tree dedication.

Contact Tiffany at the Town Office at (403)224-3395 for further details.

Trees and dedication service provided by



**2011 Bowden Daze Parade
Saturday, July 23**

Town of Bowden, 2101 20 Ave. Box 338, Bowden, AB T0M 0K0
Phone: 403-224-3395 Fax: 403-224-2244
Email front@town.bowden.ab.ca

Are you interested in entering the Bowden Daze Parade?

We invite you to participate in our parade on Saturday, July 23rd!

If you wish to enter the parade, please come to the Town Office to pick up a registration form. If you are unable to come to the office please call Tiffany at (403)224-3395 or email front@town.bowden.ab.ca

We hope to see you at the parade!!

Bowden Volunteer Fire Department News

The Bowden Volunteer Fire Department is currently looking for NEW MEMBERS! If you would like to become a member, please contact Fire Chief Larry Werner at 403.224.2246.

Practices are held every Monday night at 7:00pm.

Contact Information

Name: _____

Address: _____

Phone Number: _____

In memory of _____





BOWDEN COMMUNITY CALENDAR

JUNE 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Seniors' Walking Group	3 No School	4
5 Seniors' Week	6 Seniors' Walking Group at 9:00 am Movie Night at 7:00 pm	7 Health Day at the Friendship Center 1 pm- Heart Health 3 pm- Diabetes	8 Seniors' Week Special Dinner at 5 pm at the Red Hound	9 Seniors' Walking Group Seniors' Book Club 1 pm "Oh My Aching Back" at 2 pm	10 Seniors' Tea and Showcase at 1 pm at the Friendship Center	11 Visit Author Don Stoesz at the Library from 1 – 4 pm
12	13 Regular Council Meeting	14 Seniors' Walking Group	15	16 Seniors' Walking Group	17	18 Father's Day Breakfast at the Arena from 9:00 – 11:00 am
19 Father's Day 	20	21 Seniors' Walking Group	22	23 Seniors' Walking Group	24	25
26	27 Regular Council Meeting	28 Seniors' Walking Group	29 Last Day of School!	30 Seniors' Walking Group	1 Canada Day! 	

Upcoming Events

Seniors' Walking Group:
Every Tuesday and Thursday at 9:00 am and Thursday evenings at 7:00 pm. For more information call Amanda Minty at (403)896-2971. Please meet outside the West View Manor. All abilities and caregivers are welcome to join! Please wear comfortable shoes.

See page 2 for more information about each of the Seniors' Week activities! We hope everyone can come out to attend some of the events!

-  = Meetings
-  = Town Events
-  = Canadian Holidays
-  = School
-  = Seniors

**Come Join Us Celebrate
 Canada Day!
 July 1, 2011
 Bowden Igloo Arena
 BBQ from 5:00 – 7:00 pm
 Children's Games
 Fireworks to Follow!**

Bowden Library News

There was a great turnout for the Seniors' Book Club. The next meeting will be June 9 at 1:00 pm at the Library. Please feel free to join us for snacks, chat and fun!

Our latest DVD is The King's Speech

The staff as gone to Chapters and done a bulk buy. Within the month there will be a lot of new stuff to come check out!

On Saturday, June 11 from 1:00 – 4:00 pm local author Don Stoesz will be at the Library to introduce his new book. Join us for snacks and pick up a signed copy of "Glimpses of Grace: Reflections of a Prison Chaplain"

Check our website <http://bowdenlibrary.prl.ab.ca/> and "like" us on Facebook to see upcoming events.

Family memberships are only \$15/year!