I am starting the July Mayor’s Message with the news that there will be no Canada Day activities in the Town of Bowden this year. Due to a shortage of volunteers from the Recreation and Culture Board, they were unable to organize any activities this year. If you would like to volunteer for the Bowden Recreation and Culture Board, please ask for a volunteer application form at the Town Office.

The Town of Innisfail is having their Canada Day celebration on June 30th from 5:00 p.m. to midnight. Please check the Innisfail Province newspaper or the Town of Innisfail’s website: innisfail.ca for the schedule. The Town of Olds is having their Canada Day activities on July 1st from 10:00 a.m. to midnight. See the Olds Albertan newspaper or the Town of Olds website: www.olds.ca for the daily schedule. Both Innisfail and Olds will be having fireworks starting at 11:00 p.m.

Bowden Daze is scheduled for July 28th, 29th and 30th. Most of the action will be the Central Alberta Rodeo Association Rodeo which is hosted by the Bowden and District Agricultural Society at their facility South of Bowden. A pancake breakfast and parade are scheduled in the Town of Bowden on the morning of July 29th. A fireworks show is tentatively scheduled for the evening of July 29th starting at 11:00 p.m. Updated information will be available at a later date.

Bowden Town Council is moving ahead on some economic development initiatives that should increase our tax base and bring some employment opportunities. We are also rebuilding our North Wastewater Lift Station and construction should be starting in July. This should be a four to six week project. We are hiring a company to camera our sewer lines and we will be relining the worst sections of the sewer to cut down on Inflow and Infiltration. This should generate significant savings on our wastewater rates.

A reminder that this is an election year for all municipalities in Alberta. Nomination Day is September 18th and Election Day is October 16th. This year there are numerous changes to the Municipal Government Act. If you are interested in running for election, I would suggest that you become familiar with the requirements and time commitments. The Town of Bowden will be preparing an information package that will be available from the Town Office. Information is also available on the Municipal Affairs website: www.municipalaffairsalberta.ca.

HAPPY CANADA DAY

Warm regards,
Mayor Robb Stuart
Expanding Horizons have received donations from:
Co-op Community Spaces $25,000
Innisfail Ag Society $1,000

Thank You
Golden Rules

Remember these golden rules to help you beat the scammers.

- Always get independent advice if an offer involves money, personal information, time or commitment.
- There are no guaranteed get-rich-quick schemes– sometimes the only people who make money are the scammers.
- Do not agree to offers or deals right away. If you think you have spotted a great opportunity insist on time to get independent advice before making a decision.
- Do not hand over money or personal information, or sign anything until you have done your homework and checked the credentials of the company that you are dealing with.
- Do not rely on glowing testimonials: find solid evidence of a company’s success.
- Log directly on to a website that you are interested in rather than clicking on links provided by and email.
- Never send money, or give credit card or online account details to anyone you do not know and trust.
- If you spot a scam or have been scammed, get help. Contact the Canadian Anti-Fraud Centre, the Competition Bureau or your local police for assistance.

Scammers are imaginative and manipulative. They know how to push your buttons to produce the response they want.
Volunteers Needed
Emergency Management Services is a group of volunteers available in the event of a disaster in Bowden. The Town of Bowden is currently looking for volunteers for Emergency Management Services. Applications are available at the front desk at the Town Office.

The Bowden Thrift Store is open every Wednesday & Friday from 1-4pm, located at the back entrance of the museum at 2201 - 19th Avenue.

Indoor Walking
Every Monday and Thursday at 9:30 a.m.
Join us at the Friendship Centre on Mondays and Thursdays at 9:30 a.m. for the Winter Months Indoor Walking Group followed by coffee & conversation. Would you be interested in staying active and beating the winter activity slump? Would you enjoy walking indoors in a safe, comfortable environment? Then this Walking Group may be for you! Everyone welcome. For more information please contact Mary McLean at 403.224.3335

To book the Friendship Centre please contact Sandra Gyorffy 403-896-9348

Bowden Friendship Centre
80” TV
Kitchen
Wi-Fi
80 Person Capacity

Bowden Daze Parade
Local businesses who are interested in advertising and offering specials for the Bowden Daze Rodeo and Parade weekend, please let us know. These specials can be advertised in the July newsletter and it’s a great way to promote and support our great local businesses.

Utility Email Billing
You can now have your Town utility bills delivered by email. If you are interested in having your utility bill delivered to your inbox, stop in to the Town Office or give us a call at 403-224-3395

The Bowden Pioneer Museum is now open!
Come learn about the history of Bowden!
Wednesday, Friday and Saturdays from 11am—4pm

The Good Food Box
When you sign up for this monthly food club, you receive a box full of fresh fruits and vegetables on the second Wednesday of each month. These are conveniently delivered to the Olde Library in Bowden. The cost is a low monthly fee of $10 for a small box and $20 for a large box plus a yearly membership fee of $10. Fees are due at the Town Office by noon, on the third Tuesday of the month before delivery. These boxes not only offer a convenient way to receive fresh fruits and vegetables, but also promote healthy eating at an affordable price. Boxes come with a newsletter full of information about the program and recipes using some of the fruits and vegetables included. You may even get a chance to try out some food you might not have tried before!

Seniors Week
Last week FCSS celebrated Seniors Week with fun games, events, information sessions and a delicious lunch to end the week. Thanks to Beth Kuntz for her excellent presentation and obstacle course, Taressa Hansen for her Seniors Nutrition presentation and “Nutrition Jeopardy”, Jade Prefontaine for organizing it all and to all the seniors who were able to attend!

Bowden Pioneer Museum Garage Sale
2137 20 Ave
July 28th and 29th
10am—4pm
Donations are gratefully accepted.
Thanks to those who donated items for the kids clothing swap event and the volunteers for helping to run and organize the event.

Unfortunately, due to a shortage of volunteers, there will be no Canada Day events July 1st. We would like to wish you all a safe and happy long weekend!

The Recreation and Culture Board is always looking for volunteers - whether you are from the county or an in town resident. You don’t need to spare a lot of your time either. Rec Board regularly meet once a month for approximately one hour. Please consider volunteering your talents for this worthwhile organization.

To get involved with the Recreation and Culture Board simply contact the Town Office at 403-224-3375. Or, stop into Town Office and fill out a volunteer application.

Kids Clothing Swap

Canada Day

Canada Day 2017

10:00 am - 8:00 pm

Canadian Images Art Show with Live Local Entertainment
Evergreen Centre - 5237 52 St.

Parade:
Celebrating Canada Through the Years
Singing of O Canada
Centennial Park Entertainment Stage

12:30 pm - 4:30 pm

Family Fun Activities
Centennial Park - 50 Ave & 53 St
- Bouncy Houses
- Face Painting
- Entertainment
- Family Fun Games
- Cupcakes and Popcorn
- “See Ols First” Storytelling with Mary Hays
- Kids Craft Booth

4:30 pm - 6:30 pm

Family BBQ
Sponsored By Hildebrand Motors
Olds Regional Exhibition
Cow Palace - 5116 54 St.

7:30 pm

Family Movie
Olds Regional Exhibition
Cow Palace - 5116 54 St.

11:00 pm

Fireworks south of the High School
5601 45 Ave.

Canada Day

Canada Day 2017

10:00 am - 8:00 pm

Canadian Images Art Show with Live Local Entertainment
Evergreen Centre - 5237 52 St.

Parade:
Celebrating Canada Through the Years
Singing of O Canada
Centennial Park Entertainment Stage

12:30 pm - 4:30 pm

Family Fun Activities
Centennial Park - 50 Ave & 53 St
- Bouncy Houses
- Face Painting
- Entertainment
- Family Fun Games
- Cupcakes and Popcorn
- “See Ols First” Storytelling with Mary Hays
- Kids Craft Booth

4:30 pm - 6:30 pm

Family BBQ
Sponsored By Hildebrand Motors
Olds Regional Exhibition
Cow Palace - 5116 54 St.

7:30 pm

Family Movie
Olds Regional Exhibition
Cow Palace - 5116 54 St.

11:00 pm

Fireworks south of the High School
5601 45 Ave.

Canada Day

It’s Almost Time!

5:00 PM - 8:30 PM
- Compete for Canadian-themed prizes at the 4-H Clubs Classic Games stations
- Take your shot at the Victim Services Dunk Tank fundraiser for a chance to soak the Mayor, local law enforcement and many others
- Reach new heights at the Bouncy Houses
- Roll up your cotton sleeves and get creative painting Canadian maple leaves. All works of art will then be displayed prominently at the Historical Village’s July 1st festivities
- Roast on over to local artists, Miss Lulu and her groupies, for some fantastic balloon animal designs
- Stop by the RCMP Service Dog display and rub with the safety bear
- Get in the spirit Canada 150 Tshirt will be available to show off your Canadian pride

5:00 PM - 12:00 AM
- Live Bands (4pm & 8pm-9:30am)
- Silent disco in Beer ponderous
- Rotary Club’s "In the New" Dinner local arts
- Jive, Copper and Male
- And some up and coming talent...

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM - 12:00 AM
- Live Bands (4pm & 8pm-9:30am)
- Silent disco in Beer ponderous
- Rotary Club’s "In the New" Dinner local arts
- Jive, Copper and Male
- And some up and coming talent...

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM - 12:00 AM
- Live Bands (4pm & 8pm-9:30am)
- Silent disco in Beer ponderous
- Rotary Club’s "In the New" Dinner local arts
- Jive, Copper and Male
- And some up and coming talent...

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM - 12:00 AM
- Live Bands (4pm & 8pm-9:30am)
- Silent disco in Beer ponderous
- Rotary Club’s "In the New" Dinner local arts
- Jive, Copper and Male
- And some up and coming talent...

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
- Cultural Dance Performances at 5:30 pm by MacLeod and Lewis School of Dance and 7:30 pm by School of Dance
- Fireworks Display at 11:00 pm (set to "Turn Off" at the Arena, but also viewable from Centennial Park
- For your comfort, remember to bring along your lawn chairs and blankets

5:00 PM:
Bowden Daze

July 28th, 29th & 30th

Events:

**Friday July 28th:**
10 am - 4 pm - Rodeo Garage Sale at St. Matthews Church & Bowden Thrift Store
12PM - Junior Rodeo
5 pm - Team Roping Jackpot Entries
6 pm - Team Roping Jackpot

**Saturday July 29th:**
8—10 am - Pancake Breakfast at the Bowden Fire Hall
10 am - 4 pm - Rodeo Garage Sale at St. Matthews Church & Bowden Thrift Store
11 am Bowden Daze Parade “Celebrating Anniversaries”
1 pm CARA Sanctioned Rodeo (Cattle Penning at intermission)
10 pm Cabaret with live ban “Rooster In The Hen House”

**Sunday July 30th:**
9 am—Slack
12 pm—Mutton Bustin’ (6 years and under)
1 pm—CARA Rodeo (Cattle Penning at Intermission)
<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>Closed for STAT Holiday :)</td>
<td>4</td>
<td>Delburne Play Learn Grow 11:00-12:30 Elnora Park Play! 1:00-3:00</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>32</td>
<td>33</td>
<td>34</td>
<td>35</td>
</tr>
</tbody>
</table>

**Kids Cooking Club**

Special thanks to Marie Foster, the Kids Cooking Club Instructor, for volunteering her time to the Kids Cooking Club, to Jessica Cardwell & Georgina Primeau for being the volunteer assistant instructors Friends Of Grandview for funding the program, and BGVS for allowing us the use of the kitchen and the Wellness room and for the kids who attend. The program wouldn’t have been possible without all of you!
VOLUNTEER FIREFIGHTERS ARE NEEDED
JOIN THE BOWDEN VOLUNTEER FIRE DEPARTMENT AND GIVE BACK TO YOUR COMMUNITY

MOPPS & MORR
Fred & Wanda Kuftinoff
403.352.8798
moppsandmorr@gmail.com
**Licensed **Bondable **Insured**

BOWDEN REDDI MART
- Groceries
- Propane Tank Traders
- Lotto
- Video Rental
- Fuel
- ATM

Open Daily ‘till 10 p.m.
403-224-3644
2121 - 20 Avenue
Bowden, Alberta

PATRICIA WILSON
Independent Sales Director
2121 Westview Cres.
Bowden, AB, TOM OKO
403-224-3305
Cell: 403-396-7578
wilsonrainbowofstars@shaw.ca
www.marykay.ca/pwilson

Laurie Johnson
Mortgage Associate
Cell: (403) 872-2466
Toll Free: (888) 474-8123 ext. 6
Fax: 1 (403) 631-0340
Laurie@ThePlaceToMortgage.com
www.ThePlaceToMortgage.com/Laurie

ERWIN WEBER
Licensed Journeyman Plumber
P.O. Box 601
Bowden, AB TOM OKO
Phone/Fax: 403.224.3420
Cell: 403.392.7143
Email: ermweber@shaw.ca

Bowden Place Market
2101 24A Crescent
Bowden, Alberta
Phone 403-559-7781

Saturday & Sunday 10-4
Table Rent $25/day
$40 for both Saturday & Sunday
Where you can showcase your Art, Antiques, Collectibles, Crafts, Home-based Business Products or clean gently used yard sale items!

Rena Quintin
REALTOR®
Text or Call:
403-559-4377
RenaQuintin.com
Licensed in the Province of Alberta

Gardening for you & more
403-415-6990

BOWDEN PHYSIOTHERAPY
P. 403.224.3929
F. 403.224.3932
2025 20TH AVE
BOWDEN, AB, TOM OKO
bowdenphysiotherapy@gmail.com
bowdenphysiotherapy.com
Bowden Igloo Arena
The facility is available for rental throughout the Spring & Summer for your recreation needs. The Igloo is also available for birthday bookings!
Contact The Town Office at 403-224-3395 or email: igloo@town.bowden.ab.ca
## Bowden Community Calendar

### JULY 2017

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Bowden Place Market 10-4</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Bowden Place Market 10-4</td>
<td>3</td>
<td>Garbage Day</td>
<td>4</td>
<td>Bowden Golf Seniors League 9am &quot;Aging For Action&quot; Seniors Yoga 9:30-10:30 a.m. Friendship Centre $5 Drop In Fee Neighborhood Coffee @ Library 1:30—3</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Bowden Place Market 10-4</td>
<td>10</td>
<td>Town Council 7pm Recycle Day Parent Link 1-3:30pm Toonie Walk 9:30am Bowden Golf Course Ladies Night 6:30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Bowden Place Market 10-4</td>
<td>17</td>
<td>Garbage Day Parent Link 1-3:30pm Toonie Walk 9:30am Bowden Golf Course Ladies Night 6:30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Bowden Place Market 10-4</td>
<td>24</td>
<td>Town Council 7pm Recycle Day Parent Link 1-3:30pm Toonie Walk 9:30am Bowden Golf Course Ladies Night 6:30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Bowden Place Market Bowden Daze Parade 11am Bowden Museum Garage Sale 10-4pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Good Food Box

- Seniors Programing & Friendship Centre Activities
- Bowden Grandview School
- Community Events
- Garbage

### Recycling

- FCSS
- Boards & Committees
- Town Council Meetings
- Bowden Ag Society
- Igloo Arena

---

**Bowden Town Office**

2101 – 20TH Avenue
P.O. Box 338
Bowden, AB T0M 0K0
PH: 403-224-3395
FAX: 403-224-2244
Email: info@town.bowden.ab.ca

Office Hours:
Monday – Friday
8:00 a.m. – 4:00 p.m.
www.town.bowden.ab.ca